

MENU WK4

MENU							WEEK FOUR
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
Cereal Cold ham & Tomato Salami, cheeses Boiled eggs, Petit Pans Yogurts, Toast Preserves, Fresh Fruit Fruit Juices Beverages	Cereal scrambled eggs Bacon baked beans Toast Fruit Juices Beverages	Cereal Cold Ham & Tomato Salami, Cheeses Boiled Eggs Croissants, Toast Fresh Fruit, Yogurts Fruit Juices Preserves, Beverages	Cereal fried eggs Sausage, Tomatoes Fresh Fruit Toast Preserves Fruit Juice Beverages	Cereal Cold Ham & Tomato Cheeses, Boiled Eggs Pain au Chocolat Yogurt Toast Preserves, fresh Fruit Fruit Juices Beverages	Cheese on Toast Baked Beans Yogurt Toast Preserves, fresh Fruit Fruit Juices Beverages	BRUNCH	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
Homemade Soup & Roll Thai Chicken Curry Quorn Cottage Pie Nutty brown rice Filled Baguettes Bombay Potatoes Broccoli Salad Bar Arctic Roll / Fruit Yogurt Fresh Fruit Cheese & Biscuits	Homemade Soup & Roll Lasagne Veggie Cowboy Pie Filled Baguettes Parsley Potatoes Green Beans Salad Bar Chocolate Sponge Chocolate Sauce Yogurt Fresh Fruit Cheese & Biscuits	Homemade Soup & Roll Turkey Escalope Mushroom Sauce Veg Canneloni Filled Baguettes Rice Peas Salad Bar Fresh Fruit Yogurt Plum & Cinnamon Crumble/Custard Cheese & Biscuits	Homemade Soup & Roll Roast Beef Yorkshire Pudding Leek & Macaroni Cheese Filled Baguettes Carrots Roast Potatoes Salad Bar Cheese Cake Fresh Fruit Yogurt Cheese & Biscuits	Homemade Soup & Roll Battered Fish Stuffed Mushrooms Onion Sauce Filled Baguettes Chips Peas Salad Bar Homemade oatly fruit cookies Fresh Fruit Yogurt Cheese & Biscuits	Homemade Soup & Roll Homemade Burger In a Bun Tomato Relish Southern Quorn Fillets Homebake Wedges Red onion Salad Jelly Cream Fresh Fruit	BRUNCH	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	
Soup & Roll Goulash Tri Colour Pasta Sweet & Sour Vegetables Garlic Bread Sweetcorn Salad Bar Fresh Fruit Raspberry & Honey Greek Yogurt Sundae Cheese & Biscuits Yogurt	Soup & Roll French Bread Pizza Veggie Burger in Bun Chips Baked Beans Salad Watermelon Fresh Fruit Cheese & Biscuits Yogurt	Soup & Roll Homemade Fish Cakes with Lemon Cheese Tomato & Mushroom Flan Jacket Potatoes Mixed Vegetables Salad Fresh Fruit Muller Crunch Yog Cheese & Biscuits Yogurt	Soup & Roll braised Lamb Steak Mint Sauce Sticky Quorn Sausage Gravy creamed Potatoes Braised Red Cabbage Apple Pie Cream Salad Fresh Fruit Cheese & Biscuits Yogurt	Soup & Roll Chicken/ Garlic & Lime Sauce Pasta Primavera Parsley Potatoes Green Beans Salad Fresh Fruit Gateaux Cheese & Biscuits Yogurt	Soup & Roll Grilled Pork Steak Apple Sauce Greek Stuffed Peppers Gravy New Potatoes Peas & Sweetcorn Salad Homemade Banoffi Pie Cheese & Biscuits Fruit/ Yogurt	Soup & Roll Grilled Smoked Haddock Cheese Omelettes Croquette Potatoes Creamed Spinach Salad Double Choc Doughnuts Fresh Fruit Cheese & Biscuits Yogurt	